



ALISO
VIEJO

CITY CLASSES & EVENTS
FALL 2017



**Slide into Fun this Fall
with NEW Recreation Classes!**

COMMUNITY CLASSES

As part of an ongoing effort to build an even healthier and connected community, the City of Aliso Viejo is now offering new exciting recreational opportunities for residents. Recreation classes can enhance overall health and well-being, creative expression and increase community pride, while creating valuable lifelong memories and friendships.

Advance registration is required for all classes and is available at cityofaliso Viejo.com.

PRESCHOOL CLASSES

BABY SIGN LANGUAGE \$65/4

Layla Guerrero

Enhance language development and communication with Baby Sign Language. This class includes more than 75 signs, music with signs, signed felt-board stories and other developmentally appropriate activities. Parents or caregivers will also be given the opportunity to ask for instruction in signs that are personalized for their own family.

- A \$20 material fee is payable to the instructor at the first class.

Aliso Viejo City Hall - 12 Journey, Ste. 270

AVF106 9/27-10/18 W 9:30-10:15am 2 mos-2 yrs

AVF107 10/25-11/15 W 9:30-10:15am 2 mos-2 yrs



MUSIC TOGETHER \$130/8

Music Together

Music together program is the gold standard in early childhood music and movement. Families participate together in songs, rhythm activities, movement and instrumental jam sessions. We create a fun, informal, musically rich social setting that supports different learning styles of children and adults.

- A \$42 material fee is payable to the instructor at the first class.

Iglesia Park Community Center - 24671 Via Iglesia

AVF109 9/26-11/14 Tu 10:15-11am 2 mos-5 yrs

HOLIDAY WITH MUSIC TOGETHER \$30/2

Music Together

This music holiday class follows the same format as a regular music together class but features winter holiday songs and music!

Iglesia Park Community Center - 24671 Via Iglesia

AVF110 12/5-12/12 Tu 9:15-10am 2 mos-5 yrs

AVF111 12/5-12/12 Tu 10:15-11am 2 mos-5 yrs

SILLY SCIENCE \$110/8

Parker-Anderson Enrichment

This science program for preschoolers will delight and astonish young children encountering the miracles of nature for the first time! Experiment with chemical reactions, go on a nature safari and make your very own fossil in this exciting class. Young children will develop a passion for learning about the natural world!

Vista Park - 29 Santa Barbara Dr.

AVF112 9/26-11/14 Th 11-11:45am 3-6 yrs





PARENT & ME CLAY & MIXED MEDIA ART \$112/4

Lisa Albert

Little artists will learn basic clay techniques such as coil and slab making, blending, firing and glazing. Imaginative masks, bowls, tiles and fun animal projects will be made. Creative painting projects on canvas, paper, printing, collage and pastels will be taught. Projects are keepsakes. This class shouldn't be missed!

- A \$35 material fee is payable to the instructor at the first class.

Iglesia Park Community Center - 24671 Via Iglesia

AVF113	9/25-10/16	M	9-10am	2-5 yrs
AVF114	10/30-11/20	M	9-10am	2-5 yrs

MINI-HAWK MULTI-SPORT \$99/6

Skyhawks Staff

Introduce your little superstar to sports in our most popular program! This baseball, basketball and soccer class uses age-appropriate games and activities to explore balance, hand/eye coordination and skill development.

- Parent participation is required for the 2-3.5 year old age group.

Iglesia Park - 24671 Via Iglesia

AVF116	9/20-10/25	W	3:30-4pm	2-3.5 yrs
AVF117	9/20-10/25	W	4:15-5pm	3.5-5 yrs
AVF118	11/8-12/13	W	3:30-4pm	2-3.5 yrs
AVF119	11/8-12/13	W	4:15-5pm	3.5-5 yrs

PLAY WELL, PLAY SMART \$100/8

Parker-Anderson Enrichment

Preschoolers will learn crucial skills for movement, balance and interaction with their environments! The class targets visual-motor integration, coordination, gross- and fine-motor skills, right and left side awareness and muscle flexibility with fresh and exciting games and take-home toys. Let the fun begin!

Vista Park - 29 Santa Barbara Dr.

AVF115	9/26-11/14	Th	10-10:45am	3-6 yrs
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SOCCERTOTS \$85/5

Skyhawks Staff

SoccerTots is our flagship program! Playable on almost any surface, these soccer-themed motor skill classes are very easy for youngsters to get into. Younger age groups focus on developing core soccer skills and personal focus and are introduced to an element of light competition.

- Parent participation is required for the 2-3.5 year old age group.

Iglesia Park - 24671 Via Iglesia

AVF120	9/21-10/19	Th	3:30-4pm	2-3.5 yrs
AVF121	9/21-10/19	Th	4:15-5pm	3.5-5 yrs
AVF122	11/9-12/14	Th	3:30-4pm	2-3.5 yrs
AVF123	11/9-12/14	Th	4:15-5pm	3.5-5 yrs

No Class 11/23



YOUTH CLASSES

BABYSITTER TRAINING \$85/2

Premier Aquatics

The primary purpose of the Orange County American Red Cross Babysitter's Training course is to provide youth who are planning to babysit with the knowledge and skills necessary to safely and responsibly give care to children and infants. This training will help participants to develop leadership skills; learn how to develop a babysitting business; keep themselves and others safe; and help children behave. They will also learn about basic child care and first aid.

Premier Aquatics - 36 Argonaut

AVF124 9/11-9/13 M/W 3-6:15pm 11-15 yrs
 AVF125 9/25-9/27 M/W 3-6:15pm 11-15 yrs

CHESS CLUB \$130/8

Parker-Anderson Enrichment

We introduce chess to students in a fun and exciting way! For all students and levels, we teach students to play chess and help them succeed in school by stimulating their problem-solving, analytical, and critical-thinking skills. Learn chess strategies, defenses and winning moves that will impress friends and family. Students will participate in a class tournament toward the end of the session to compete for trophies and other chess prizes!

Aliso Viejo City Hall - 12 Journey, Ste 270

AVF128 9/26-11/8 Tu 4:45-5:45pm 5-12 yrs

MIXED MEDIA ART \$150/4

Lisa Albert

This is a wonderfully creative class where children are taught the fundamentals and techniques of perspective, proportion, shadowing, color, design and line. A variety of mediums will be explored such as painting, pastels, water colors, collage and printing. Clay, sculpture, glazing and firing are also part of this amazing art class. All highly imaginative projects will inspire creative thinking, confidence and freedom of expression. Art projects will be new and definite keepsakes. A class not to be missed! All materials are included.

- A \$40 material fee is payable to the instructor at the first class.

Aliso Viejo City Hall - 12 Journey, Ste 270

AVF126 9/28-10/19 Th 3:30-5pm 5-12 yrs
 AVF127 11/2-11/30 Th 3:30-5pm 5-12 yrs

Register at
cityofaliso Viejo.com

LEGO ROBOTICS \$130/8

Parker-Anderson Enrichment

Challenge aspects of your creativity and intellect while learning the basics of engineering and physics! Students are given new and different projects every week to build, test and modify as they graduate to the next level of engineering comprehension. This class is as fun as it is inventive!

Aliso Viejo City Hall - 12 Journey, Ste 270

AVF129 9/27-11/7 W 3:30-4:30pm 5-12 yrs

TECHKIDZ: MINECRAFT \$130/8

Parker-Anderson Enrichment

Come join us to learn about and play the most popular computer game on the planet! Learn Minecraft building techniques, details of commands, and how to change the look of the game by both playing on the provided laptops and building Lego Minecraft sets. Students will learn strategy, building, and cooperation skills while playing Minecraft in a fun, safe and supervised environment!

Aliso Viejo City Hall - 12 Journey, Ste 270

AVF130 9/26-11/8 Tu 3:30-4:30pm 5-12 yrs

TECHKIDZ: PROGRAMMING WIZARDS \$130/8

Parker-Anderson Enrichment

Create your own animations, programs and games with MIT's Scratch, Python, Sploder, and more! Computer programming helps with brain development, math skills, and logic and not to mention, it's tons of fun!

Aliso Viejo City Hall - 12 Journey, Ste 270

AVF131 9/27-11/7 W 4:45-5:45pm 5-12 yrs

YOUTH GROUP GOLF LESSONS \$160/4

Aliso Viejo Country Club Staff

Aliso Viejo Country Club makes it convenient and fun for your child to learn and play golf right! Our curriculums were specially designed by industry-leading golf professionals and education specialists to ensure that the lesson plans are age-appropriate and easy to understand and retain. Students will experience a mix of golf instruction, rules and etiquette lessons, educational components, character development lessons and physical activity as they advance through the five-level program. Our screened and certified instructors have a passion for working with children and are trained to help your student athlete develop a strong foundation of skills and knowledge as well as a passion for the sport.

Aliso Viejo Country Club - 33 Santa Barbara Dr.

AVF132 10/9-10/30 M 3-4pm 4-6 yrs
 AVF133 10/9-10/30 M 4-5pm 7-12 yrs

ADULT CLASSES

CPR/AED and First Aid \$85/1

Premier Aquatics

The purpose of the Orange County American Red Cross Adult and Pediatric First Aid/CPR/ AED program is to help participants recognize and respond appropriately to cardiac, breathing and first aid emergencies. The courses in this program teach skills that participants need to know to give immediate care to a suddenly injured or ill person until more advanced medical personnel arrive and take over.

Premier Aquatics - 36 Argonaut

AVF134	9/15	F	10am-2pm	10 yrs-Adult
AVF135	10/13	F	9am-1pm	10 yrs-Adult
AVF136	10/21	Sa	8:30am-12:30pm	10 yrs-Adult
AVF137	11/18	Sa	8:30am-12:30pm	10 yrs-Adult

ADULT WATER COLOR \$150/4

Lisa Albert

This is a wonderfully instructive class where adults will be taught the fundamentals and variety of watercolor techniques. Students will learn about the various brush strokes, color theory, values, texture and more. All highly imaginative projects will inspire creative thinking, confidence and freedom of expression. A class not to be missed. Materials provided.

- A \$40 material fee is payable to the instructor.

Iglesia Park Community Center - 24671 Via Inglesia

AVF138	9/25-10/16	M	10:30-Noon	Adult
AVF139	10/30-11/20	M	10:30-Noon	Adult



ZUMBA \$60/5

Maria Boshman

Take the “work” out of workout by mixing low-intensity and high-intensity movers for an interval style, calorie-burning dance fitness party! Zumba is a total workout, combining all elements of fitness – cardio, muscle conditioning, balance and flexibility, boosted energy and a serious dose of awesome each time you leave class.

Aliso Viejo Center - 31 Santa Barbara Dr.

AVF140	9/25-10/23	M	7-8pm	16 yrs-Adult
AVF141	10/30-11/27	M	7-8pm	16 yrs-Adult

TAI CHI QIGONG FOR HEALTH \$110/6

Ryan Lee

Step-by-step instruction in the fundamentals of Tai Chi Qigong. 18 Forms Shibashi qigong routine serves as the foundation for improving breathing, posture and flexibility while reducing stress. Ideal for cultivating stronger mind/body health using gentle flowing body movements that are easy to learn and a pleasure to practice daily. This class prepares the dedicated student for class leadership role and eventual qigong instructor certification.

Vista Park - 29 Santa Barbara Dr.

AVF142	9/19-10/24	Tu	9-10am	Adult
AVF143	11/7-12/12	Tu	9-10am	Adults

BREATHE & STRETCH \$50/5

Pamela Pham

Start your day with a warmup for the whole body to get you going in the morning. This class is designed for helping people move though daily life with more energy, less pain, greater ease and better focus. The class focuses on slow stretches, flexibility and opening of tight muscles to rejuvenate.

- Please bring a yoga mat to class.
- A \$5 materiel fee is payable to the instructor at the first class.

Iglesia Park Community Center - 24671 Via Inglesia

AVF144	9/26-10/24	Tu	8:15-9am	Adult
AVF145	11/7-12/5	Tu	8:15-9am	Adult

SWIM LESSONS

Premier Aquatics

Premier Aquatics and the City of Aliso Viejo are proud to offer year-round learn to swim programs for people of all ages. The learn-to-swim program promotes a lifelong love and respect for the water, while promoting health and wellness amongst its participants.

- Private lessons, groups lessons, parent and me, and swim team are available year-round.
- Lessons held at the Aliso Viejo Aquatic Center- 29 Santa Barbara Drive.
- For more information please contact Premier Aquatics at 949-716-3333.
- Register at swimoc.com/registration

CITY OF ALISO VIEJO
12 Journey, Suite 100
Aliso Viejo, CA 92656-5335

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ALISO VIEJO

Live Life Inspired

CITY PHONE NUMBERS

CITY HALL.....949.425.2500
CITY COUNCIL.....949.425.2510
CITY CLERK.....949.425.2505
CITY MANAGER.....949.425.2510
CODE ENFORCEMENT.....949.425.2543
COMMUNITY SERVICES949.425.2550
PLANNING.....949.425.2525
PUBLIC WORKS949.425.2530
PUBLIC SAFETY949.425.2560
FINANCIAL SERVICES.....949.425.2520
BUILDING & SAFETY.....949.425.2540
AQUATIC CENTER.....949.425.2559
AV CENTER949.425.2555

CITY COUNCIL

MAYOR.....DAVE HARRINGTON
MAYOR PRO TEMPHIL TSUNODA
COUNCIL MEMBER.....ROSS CHUN
COUNCIL MEMBER.....MIKE MUNZING
COUNCIL MEMBER.....BILL PHILLIPS

FOLLOW US ON SOCIAL MEDIA!



SPECIAL EVENTS



ANNUAL FOUNDER'S DAY FAIR DAY AT THE RANCH

Celebrate Aliso Viejo's heritage with tons of family fun during the City's annual Founder's Day Fair. Enjoy interactive historical and art exhibits, community entertainment and booths, pony rides, a petting zoo, old-fashioned games and mechanical rides, inflatables, amusements and tasty fare.

Saturday, October 7 12-5pm

Aliso Viejo Ranch | 100 Park Avenue

Information: cityofaliso Viejo.com or 949-425-2550.

FLU SHOT CLINIC AND HEALTH, SAFETY AND RESOURCE FAIR

Get your free flu shot (while supplies last) and other essential health screenings. The City and St. Joseph's Health Mission Hospital are teaming up to host this community fair that features various health and safety information and resources from local organizations and agencies. Parking is available at neighboring Grace Hills Church located at 24521 Moulton Parkway (with entrance to the fair at the far wall).

Saturday, November 4 1-4pm

Iglesia Park Community Center

24671 Via Iglesia

Information: cityofaliso Viejo.com or 949-425-2550